DATA SHEET PULL OVER TRAINER

Text for invitation to tender | Item No: 55 1313 401



A well developed back muscular apparatus is of great importance all life long to hold the body umright against gravity. The pull over trainer allows exercising all back and shoulder muscles very efficiently. As the body must be balanced without support, the trunc muscles are addressed additionally.









MATERIALS | SCOPE OF SUPPLY

Fitness equipment, pre-mounted

Tubular frame: stainless steel, V2A

Weights: Ø 270 mm

with spacer made of EPDM caoutchouc, 4 kg-weight 2 pieces 6 kg-weight 1 piece

Standing area: steel, coated and co-

vered with EPDM granu-

les,

2 pieces

Foundation plate: steel, coated

Instruction sheet: stainless steel, aludi-

bond 1 piece

TECHNICAL INFORMATION

Dimensions:

Main dimension: 1700 x 510 mm

Height: 2550 mm Weight: 93 kg

Capacity: acc. to normative

requirements

Max. fall height:

Movement area: 15,75 m²
Required safety slabs: 15,75 m²
Required lawn grating: 20,00 m²

Recommended

surface material: grass, synth. impact

protection

INSTALLATION

Foundation: 1

Installation according to our detailled mounting instructions, see www.stilum.com



